

Aspire!



# Breath

A Journal of Transcendence

March 2020

The Spirit

joy all that is essence oneness  
 soul HOLISTIC divine flow ALLOW  
 faith awareness loving kindness  
**Spiritual** healing ENERGY  
 TRUST wisdom accept flow  
 PURPOSE blessings GRACE now  
**awaken** PURE perspective connect  
 unconditional transformation intention  
 PEACE **sense** unlimited mindful **gratitude**  
 BALANCE

of the Spiritual



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*Wealth and popularity gained through unsavory means are  
but clouds floating in the sky.*

*Confucius*

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*Those who are humble may govern others.*

*Lao-tzu*

## Statement of Purpose

The word ASPIRE means breath of spirit. This is the true essence of a spiritual practice: to offer a breath of spirit to those who are willing to move into the mystery of the silence of the heart, through meditation.

The spiritual insights intended for the reader, within this newsletter, offer an alternative to conventional thought and religion. The purpose is not to convert, but to offer ways of living that free one from fear. The articles, practice techniques and classes discussed in this publication are designed to help in the quest for individuality, through spiritual awakening.

Aspire is the DBA of Unity of Escondido, a not-for-profit corporation. Gregory Penn is an ordained Unity Minister and is not limited in his teachings by any institution or religious philosophy. He offers a unique method of teaching that does not bind students, nor himself, to any fear-based concepts. Aspire is nonsectarian and nondenominational.

This newsletter is created as a way to become acquainted with the teachings and techniques of the heart that are the root of all spiritual work. Gregory is open to all teachings and Masters whose underlying truths of the heart offer peace, compassion and awakening to Love.





## Beauty Is All Around Us

Zen poet, Isho, wrote:

Before the window,  
slender, jade-colored bamboos sing  
when the cool rains fall,  
with a rustling sound.  
Their feathery green  
intruding at my desk,  
they know there is no  
purer hidden spot than this.

Around the world people have written poems, mostly devoted to man and woman and their love. A few are devoted to the beauty of nature. But Zen is not in the same category as other poetry. It is simply a meditative mind, just watching what is happening around.

The Zen poet sees beauty all around. The splendor of existence is so much that he feels to make a note in his book, "Before the window..." You have to visualize. Just visualize the window.

Zen wants you to know that even the leaves falling from the trees have a consciousness of their own. Nothing is unconscious. There are different ways of being conscious. We are living in an ocean of consciousness-millions are the aspects.

That is the very effort of Zen poems-to bring to your consciousness that the whole of existence is conscious. Different colors and different intensities are conscious. Different colors and different nuances and different ways, but the man who has reached the highest peak can see that nothing in the world is without a living force, without a potentiality that can grow one day into a Buddha.

These small poems are just to remind you that even fallen leaves in the rain and in the storm are rushing towards poor Isho's hut and his writing table, and hiding under the table. And he says, "They know there is no purer, hidden spot than this." Otherwise, they would not have come there.

This understanding that the whole existence is alive, conscious, makes your whole behavior different.

# Enough Said

My Beloved Reader:

Welcome to March!

Why are you reading this Journal?  
What is it that you are reading?  
What is it that you seek?

These are good questions. Most people read my offerings because they are merely curious. This is not the intent of my offerings. This Journal is about what the human genetics are nebulous about. If the reader can move beyond the ideals of self-righteousness and self-preservation they can find many insights that would liberate them into consciousness.

It takes a great deal of inner fortitude for awakening to happen. In this issue of the Journal, I offer you the chance to comprehend the meaning of the spirit of the spiritual and what it asks of all of us to awaken to the meaning of Love, which is what our

*Why are you always doubting the light  
and not the dark.*

*Mooji*

lives are all  
about.

This is Retreat month and we will be exploring the meaning of Love in our lives and how it relates to the Soul. I have some wonderful meditations for you as well.

Thank you for reading my offerings. I am honored.  
Metta to you.  
Namaste  
Siraj

THE SPIRIT OF THE  
SPIRITUAL

WHAT DOES IT  
MEAN TO HAVE A  
GREAT SPIRIT FOR  
THE SPIRITUAL?  
WELL, IT HAS TO  
DO WITH THE  
ENDURANCE  
NECESSARY TO  
OVERCOME  
DISTRACTIONS  
AND FEARS. FEW  
HAVE THIS KIND OF  
WILLINGNESS.

DO YOU?







# KARMA



Ignorance Journey Quest Seeking Transformation

## MEDITATION WORKSHOP ~ CARMEL, CA

Saturday, March 21, 2020 ~ 9:30am - 3:00pm

Unitarian Universalist Church of Monterey *(includes lunch)*

This will be a prelude to our Mt. Madonna Retreat. You will be exposed to the "condition" of your human heart that is afraid and hateful. This will be a big Workshop for many and is a must for those coming to the Retreat.

\$95 per person

(831) 622-8410 ~ [greg@aspire.org](mailto:greg@aspire.org)

[www.aspire.org/aspire-meditation-workshops](http://www.aspire.org/aspire-meditation-workshops)



## MEDITATION WORKSHOP ~ ENCINITAS, CA

Saturday, May 16, 2020 ~ 8:00am - 3:00pm

Encinitas Community Center *(includes lunch)*

This Workshop will be very important to get you ready for the summer Meditation experience on living in lovelessness. Gregory will introduce two new meditations that will open up the HUMAN HEART and allow it to unload. A very important experience.

\$195 per person

(831) 622-8410 ~ [greg@aspire.org](mailto:greg@aspire.org)

[www.aspire.org/aspire-meditation-workshops](http://www.aspire.org/aspire-meditation-workshops)





By Gregory Penn

# FROM WHERE I SIT

## Karma of the Mystical Mystique

### The Spirit of the Spiritual

The definition of the word "Spirit" is: "the nonphysical part of a person, which is the seat of emotions and character; the soul." Of course, nothing could be further from the truth of it all. The word is also defined as: "the nonphysical part of a person's true self and as capable of surviving physical death or separation."

All of this is so very pedestrian. But to most people, maybe like yourself, the "spirit" of anything just does not matter to you. I have heard people tell me that the word "spirit" means enthusiastic, and they are not enthusiastic about anything anymore. The "spirit" has been transgressed into the apprehension of fear.

Maybe this is why authentic spiritual work is so very difficult for people.

I find that most people, even my students, are lacking in the "Spirit of the Spiritual," and hence cannot motivate themselves to do much about their lives when it comes to inner awakening.

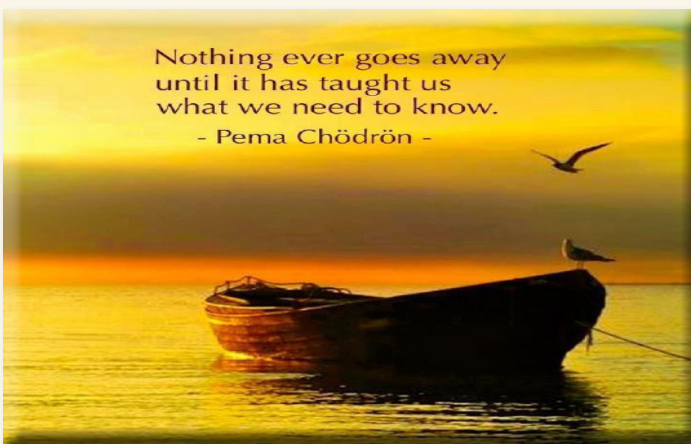
People in general, as well as the majority of my students, are looking for some motivation to begin or sustain their Practice. Some will come to a Workshop or a Retreat and get all emotional about what was offered and think that they "got it." Then, as they re-enter their daily life, they find that their "spirit" or enthusiasm dwindles into the mere rubble of

their emotionality that is not getting what it thought it might through the Practice. People who are prone to the ups and downs of emotionality, who have personality disorders, all complain about the Practice not sustaining itself in their lives. Of course, they blame me and what I teach in all of this.

Pedestrian.

There is a certain state of mind that a person must be willing of that would pertain to the

ability to recognize the very meaning of the state of the Spiritual. This state of mind is that of a profound interest in the Heart. To seek and want to experience that which physical "travel" could not offer. Most people are looking for themselves in the



travels of their physical life, going all over the world for the sake of...*what?* The majority of my friends have traveled all over the world and have seen it all as they tell me. But NONE of them is awakened. None.

To awaken is what life is all about, to spiritually awaken and realize the meaning of our life is never to be found in the "travel" mentality. That only strengthens the ego. But that is another story altogether.

The Spirit of the Spiritual is something that one



discovers from within. It is to realize the depth of this lifetime in the Spiritual and what this exactly pertains to in the overt. This means that the inexplicable is realized beyond words. To put it in terms that we all can understand, to have the Spirit of the Spiritual simply means that we seek with an indomitable Heart the very essence and meaning of our lives.

The reason most people are not happy and why they settle with common mediocrity in order to be relatively "happy" is because they lack the SPIRIT that would help them explore more powerful dimensions of their own being. So, instead of working upon themselves, most people will just "settle" with the conventions of gratification to distract themselves from the authentic meaning of their inner Beingness.

The problem with the Practice in most people's eyes is that it just does not offer enough distraction for the sake of gratification that one gets for being so unyielding to Love. I have had one former student tell me that being in their ugly mischief was more "fun" than applying themselves to the disciplines of the Way. There is nothing I can do about this attitude.

When a person applies themselves to the inner disciplines of the Spiritual, a new kind of Spirit overtakes their basic logic and reasoning, hence the whole psychology is changed. It is hard for many to believe that their minds could be overcome through a Spiritual transformation, but it could...it can.

If one is diligent, if a person has the willingness to be motivated beyond their state of depression, a new mind, a new sense of mindfulness begins to find its way into the ebb and flow of the mind. In other words, the psychology of a person drastically changes. This change means that something other than fear and hate becomes a person's mind. The mind actually changes its position and posture to that of a mindfulness that reflects the depth of space that would allow for Love

*Great acts are made up of small deeds.*

*Lao-tzu*

to become the mainstay of a person's aspirations. Instead of living for that which departs into personal destruction, the development of kindness and mercy overtakes the threshold where the logic of hate once held court within us.



It is in this SPIRIT of Love that we realize the SPIRIT of the Spiritual. It is here that we do not question the beauty of Love. Instead of living for what frightens us or what gratifies us, we live for what allows us to live beyond the beliefs of the mortal mind that is merely trying to sustain itself through fear.

If one allows for the spirit of goodness and mercy to overtake them and bring them to the Truth, all of the folderol of human mischief is no longer important to us. Many people find that mischief is the necessity of gratifications. The melodrama of emotionality overtakes them and they become judgmental of those who are living in human mischief.

One of my former students told me recently that the reason this person left the Practice is because it demanded far too much from them, without any real guarantees for happiness. This person talked about my humanness and how it affected them. This person had not captured the Spirit of the Practice at all. And though I was very tolerant with them when I was in service to their spirit, this person wanted a Teacher who did not demand as much as they say I did. They wanted a Teacher that was absent a great deal from

their life so they could be in that “take it” or “leave it” modality that serves only the pedestrian mentality. I am not that kind of Teacher.

Funny, how this person hinted that they wanted to come back by throwing innuendos at me that were conditional. There was no Spirit of the Authentic within them. Again, nothing had changed. Their inner desires still overcame their Spirit.

In an Authentic Spiritual Practice, the Spirit replaces the desires for anything that is in and of this world and as well overcomes the logic and reasoning a person might have for obtaining what they want, which usually has to do with worldly accoutrements.

So, if you are wondering why your “Practice” is not producing anything “new” within you, I am sure it is due to the fact that you have little or no Spirit. A Spirit that would be the path to the absolute Love that lives in all aspects of our lifetime.

Typically, when I am teaching this kind of insight, people will ask me if they can cultivate the quality of Spirit that would bring them to the Spiritual. This all depends upon whether or not a person is willing to give up their old ways and manner of living. This kind of change is very difficult. Very...difficult to do, but very do-able. To turn this all around, a person must have a sense of accountability for themselves and their actions.

This accountability requires humility. This is why Jesus began his Beatitudes with “Blessed are the poor in spirit.” This state of humility deeply changes everything about any one of us. Here, we are not so sure that we are “right” about our value systems. We do not allow arrogance and pride to step in the way of our efforts to spiritually awaken. This is so very difficult for many because they are constantly trying to make everything work for the sake of survival.

When I was living in India, so very many years ago I learned a great deal about the human spirit of the ol’ “Gregory.” For him it was all about his culture, his Western culture being offended by the poverty that I saw. This poverty was unnecessary in his estimation. But I was given the Spirit of the Spiritual when I was informed by a monk who had devoted his whole lifetime to helping the poor and sick.

He told me, “Sir, do not feel sorry for these people. They have their Karma in this lifetime to either change or live out. Whatever is their choice, IS THEIR RESULT.”

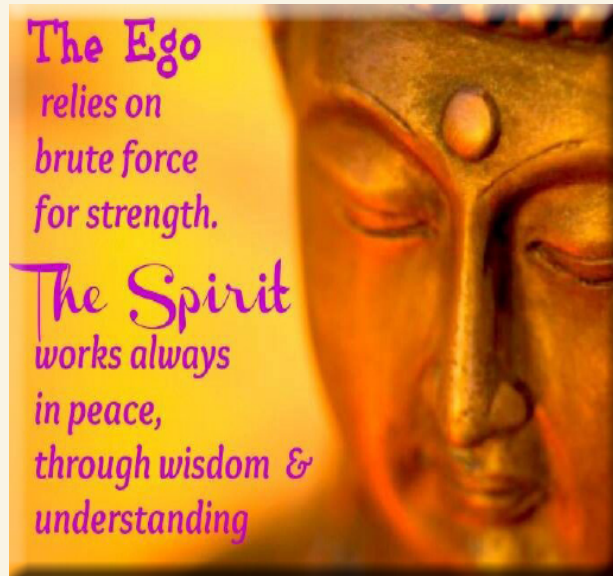
He was so wise. Whatever made me believe that my lifestyle was more important than theirs? This wisdom of the monk helps me to this day at Hospice. Some people have to go through what they need to go through in order to cultivate the Authentic sense of the Spirit. This is so deeply important.

The Spiritual is the Spirit of Love. Love is not a power for good! Love is simply Love...and is the power for authenticity. Few of us can wrap our heads around this one. It took me many moons to understand the value of all of this. The only thing I can do

to help my students and those who are in Hospice is to offer them the Spirit of the Spiritual. Some people can comprehend past their genetics and their family culture and understand. Many more cannot.

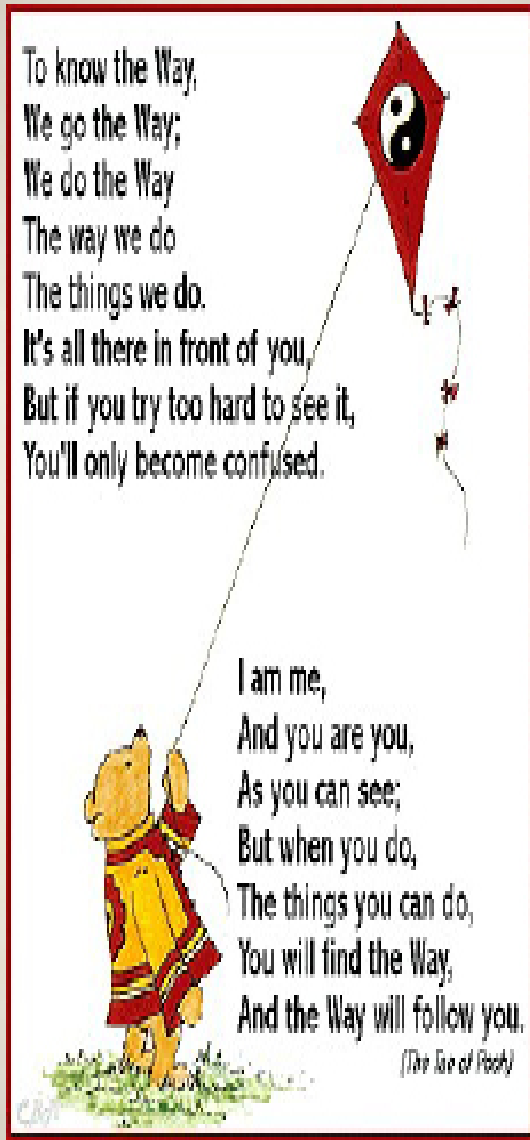
Cultivate the Spirit of the Spiritual...in everything that you do. Everything that you do.

Please forgive me.  
Gregory





# THIS IS TAO



# THAT WAS ZEN

The Pooh is right!

To know the way is to live in the Way. Everything that is in front of us all is the Way. If we can realize its value, we can awaken to its meaning in our life.

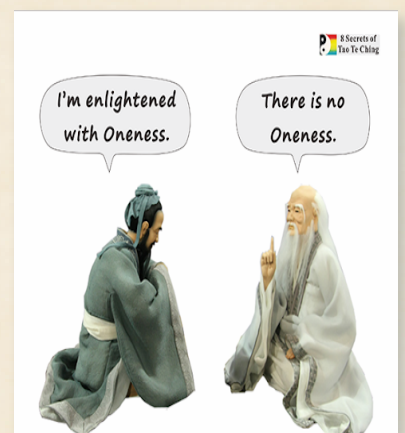
You are that which seeks Love. This Love is the meaning of everything that we face in the course of this lifetime.

Realize the meaning of "me" as the Pooh means it. The "me" here is the Authentic. We all have the Authentic within us...living in us as the goodness of our nature. There is so much here to bring us to the meaning of every moment as Love.

So, instead of thinking that there is an "inner" and an "outer," one must come to understand that there is only the One. In our Oneness we bring the totality of beauty into our lives as Love itself.

Please remember that only in the beauty of our Oneness do we find the essence of the Soul. Live in Love, live as the Soul. Live beyond the confines of the human.

Blessed are the Pooh's of this world.



# Monthly Discourses

## The Soul: The Spirit of the Spiritual

To capture the Spirit of the Spiritual is not an easy accomplishment. Most people do not have the intent to awaken to the spiritual. They are too busy with survival and social skills that elaborate on the redundant attitudes of their genetics. These Discourses are for those of you who seek the Spirit of the Spiritual...at all costs to the effort of trying to make the insane, sane.

Gregory will offer the full set of four Discourses for this month to you for a donation of \$60.00. To save money, you can donate a year's subscription for \$625.00 or a half year for \$325.00. Call 831-622-8410 to order or e-mail Gregory at [greg@aspire.org](mailto:greg@aspire.org). All donations are tax deductible and are used to purchase more air time for Aspire.



### The Enormity of the Norm

Broad is the way to self-destruction and narrow is the path to Love. Gregory will help you in so many ways with this offering.



### The Spirit

In this powerful offering, Gregory will help you explore the depths of Spirit that a person needs in order to awaken to the Authentic.

### The Sacrifices

Make no mistake about it, sacrifices are necessary in order to awaken the embers of our Spirit. If allowed, these sacrifices will reveal to you the Truth of the Authentic that lives within you.

### The Spirit of the Spiritual

Gregory will bring it all together in this Discourse and lay out for you the very meaning of inner Awakening.





# Dear Messiah

Greg:

Why is self-examination, as you call it on your radio program, so very difficult. I just can't do it.

Ryan  
Encinitas, California



Beloved Ryan:  
Namaste

The reason for your difficulty is simply the state and posture of the ego. Once this ego has been placed in the posture of our identity, the effort of our life will only be to serve the ego and gratify it in all ways.

Most people do not find anything wrong with any of this. Such is our society and world. But if you, Ryan, really feel the deep need to awaken past your ego, then you will have the "horsepower" to sustain an Authentic spiritual practice no matter what the ego throws at you.

It is hard for most people because they are living in the conditions of their conditional. They are very conditional in their prejudices and preferences for living, and hence live for the comfort of the body and live in a mind that is cynical towards anything it cannot use for the sake of survival. This is the norm.

Ryan, why make it hard? If you listen to the ego and its insanity, you will miss. Our whole life has been spent in trying to make the insane (ego) seem sane. If we do this, we will simply make more karma and more illusions for ourselves to have to deal with.

Ryan, don't make inner work personal. It is not about the person of you (the personal). It is about the totality of the Heart that lives within you and seeks to bring about the beauty of Love into your attentions. Do this...and Love will find you. Trust me, it will.

Metta

Thank you.  
Please forgive me.  
Gregory



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Carmel, CA 93923-3779**



# Meditation

## The Spirit of the Meditation

Meditation is difficult for those who labor in the futility of seeking results for it. I have had, and still have, many students who are looking for some sort of results for their spiritual efforts.

These people are typically those who cannot give. If a person cannot give, they cannot forgive. If they cannot forgive, then they hold contempt within and allow this disdain to permeate their entire life with the infection of pride and vanity.

When I tell a student why they are not comprehending the essence of their meditations due to the immense self-loathing that many suffer from, they just smile at me and tell me that they know this. When asked why they do not do anything about it, they lie and tell me that they do not know.

They know.

These people have not cultivated the Spirit that would allow them to enter into the energetics of the Silence of Love. Why? Because they are deeply impulsive about everything they do. They are totally dishonest about their willingness to give and forgive. The whole Spirit of the Spiritual is to give forgiveness in all ways. Nothing is more important than this compassion of forgiveness that offers the mercy of Love to

everything that we encounter in this world.

The real question is how humble can we become? How deeply kind and significant can our heartfelt effort be to “lose face” and gain the Spirit of Love?

We all have the “noise” of the mind to deal with. It is all in the background of our inner thoughts. This

“noise” is a real shit show within us. Most people do not know why they do what they do in this world. I will tell you...we do what we do in order to appease the noise in our minds that keeps us in the burdens of hopeless despair of human will.

This human will seems to never relent. If a person is past the age of 7 years old...it is obvious that it won't. Hence, the effort is not to fight human will but to become non-judgmental to it. By no longer being harsh with

our hate and fears, we begin a journey to the Soul whereby the Spirit of Love can overtake our self-hatred.

To accomplish this a person must realize the futility of the rational that rationalized our “evil” as it were.

In coming to this place within us, we enter into the Spirit of the divine within us. I feel it all day



*I welcomed the dark I used so to fear.*

*Louise Gluck*



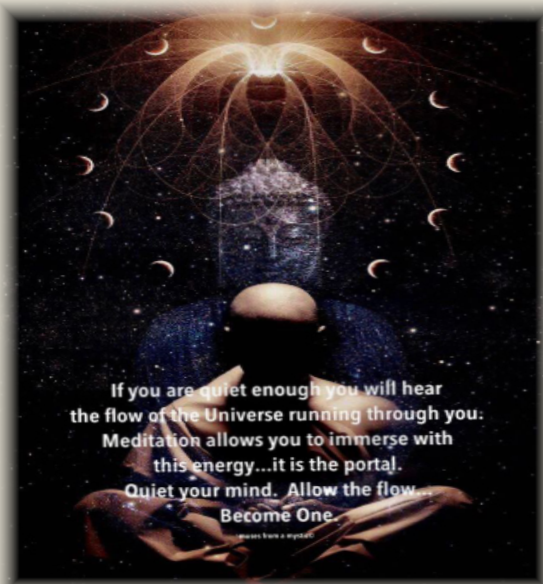
and night in and throughout my life, and now it has become what fear and hate used to be...a trusted friend.

The spirit of meditation is that of surrender. Giving up the willful posture to live more deeply in the state of acceptance through humility. If this is accomplished within us, which it can be, we change the way we approach our lifetime. Instead of making meditation a chore, it is something that brings us the joy of a great beauty, a great bliss.

The essential spirit that is necessary for in depth meditation is a departure from our DNA and the genetics that rule our entire lifetime. It is all very important. If I choose to live from the disposition of my body, I will miss the meaning and the very essence of meditation. Meditation transcends the personal anger and hate the body holds for its participation in not only our human heritage but also the collective unconscious.

To adapt the Spirit of the Spiritual is a very simple process. I will share it with you here in this article. But you must apply the principles that I offer. If you don't, if you do not recognize the relevance of what I am offering to you here...meditation will be just one more chore for you. Not good.

Make your life the revolution of the revelation that is Love.



If you are quiet enough you will hear  
the flow of the Universe running through you.  
Meditation allows you to immerse with  
this energy...it is the portal.  
Quiet your mind. Allow the flow.  
Become One

## THE SPIRIT OF MEDITATION

**ONE:** The Spirit of meditation has nothing to do with desire and ambition. So, the first thing to recognize is that meditation lives in a separate dimension within us. It is the one that we can carry with us through death. We catch the Spirit of meditation by not seeking to make it a formula or an answer to our problems.

**TWO:** The Spirit of meditation is that of the spiritual. This means that "thinking" is unnecessary. Just let the thoughts be what they are without the need to make them more important than they really are. Thoughts come and go. Watch how they rise out of fear and hate and then how they manifest as thought itself. Then watch how they fade away, and do this process over and over again and again. This is a HUGE HINT.

**THREE:** We must bring meditation and its Spirit into everything we do. See everything you do as impermanent. Nothing lasts for long in this world. So, do not believe that it will. Just allow yourself to float into and out of the confines of a mind that is clinging to the seeming "reality" of life.

**FOUR:** There is no REALITY TO LIFE OTHER THAN the state of Love. Everything comes into being in this world and leaves in accordance with its own nature and how it exists in Love itself. If you can comprehend all of this...you will find a new mind being born in you. A mind that does not fight you for the sake of the Spirit.



# I have heard...

## Trapped by Respectability

It happened that one Jewish scholar—a professor in the University of Jerusalem—was interested in the words of Jesus, particularly in the authority that he was saying them with. He had heard many people, but this man, Jesus, had a way of his own. No man he has known speaks with such authority.

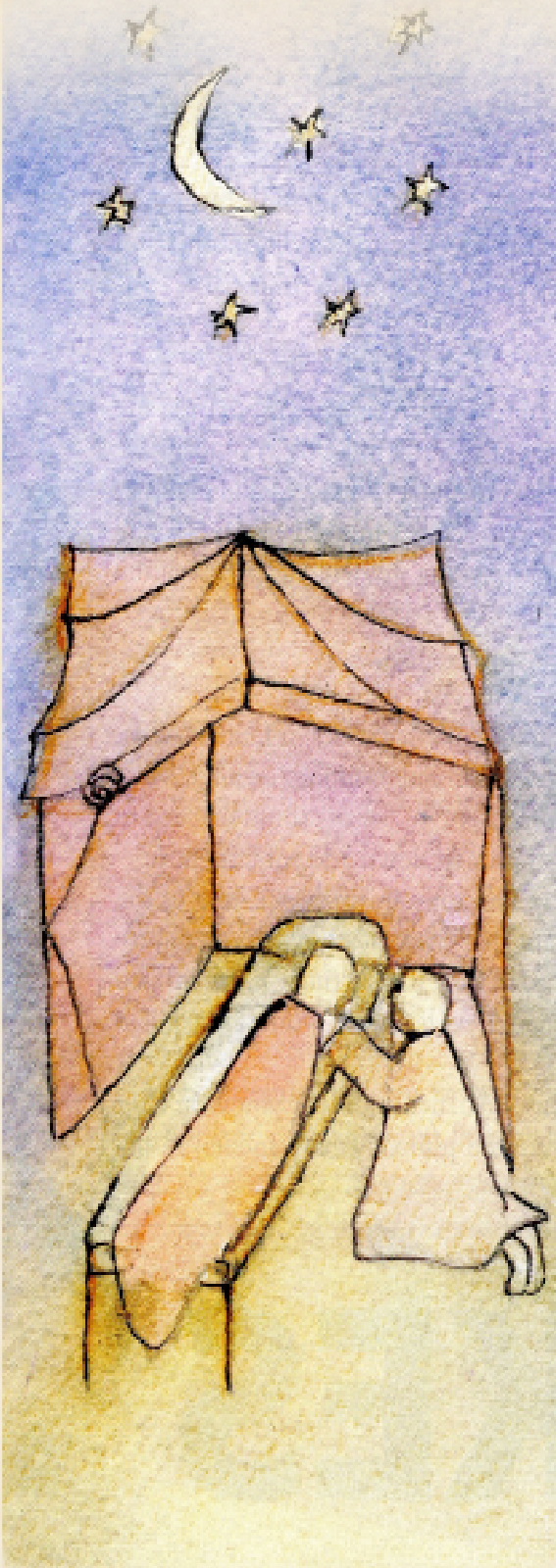
He was a great scholar, so he could not go to listen to him while he was giving talks, because people will see, and they will think, “You are such a great scholar, and he is just a carpenter’s son—uneducated, cannot read, cannot write—and you have come to listen to him?” That was against his ego.

So, one night when everybody had gone to sleep, he went to Jesus. He woke him up and said, “Please forgive me. I am a professor in the university, and I am a great scholar of religious matters. I am a rabbi, but I certainly have been impressed by the way you say things. No man has said things like that. I have listened to you only by passing you on the road, moving slowly so that I can hear a little more, but I cannot come to listen to you because my whole respectability is at stake. Jews will not forgive me, the university will not forgive me.”

Jesus said to him, “in this life nothing is possible. You will have to be reborn.”

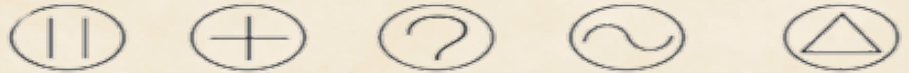
He could not understand. He said, “What do you mean?”

Jesus said, “What I mean is that you will have to drop all your respectability, all your knowledge, if you want to understand me. And this is no way—to come in the middle of the night like a thief. This simply shows your impotence and weakness. So, just get lost! Come in the daytime. Have some self-respect. Why should you depend on respect from other people? Only people who do not have self-respect depend on other people’s respect.”





# KARMA



Ignorance Journey Quest Seeking Transformation

## COST & REGISTRATION

The cost for this Retreat depends upon the kind of room you wish to reserve. Room rates and registration forms are available online at [www.aspire.org/events/retreats](http://www.aspire.org/events/retreats).

To register for this Retreat and/or arrange payments for your Retreat, please call Carolyn Mollohan at 760-730-2341.

You may also order your Retreat information by calling Gregory at 831-622-8410.

## The Soulfulness 2020

Just This...

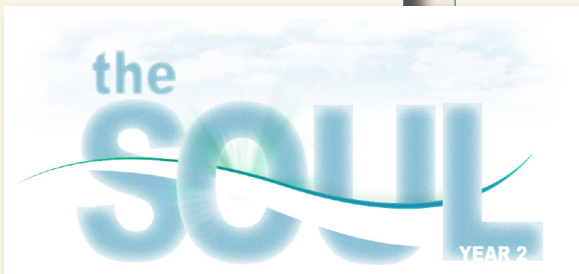
July 19-24, 2020 - Mt. Madonna



This will be a time of profound Silence. Only in the Silence do we realize the simplicity of: "Just this..."

You are invited to mature into the Heart of Love and realize the vastness of the Soul that lives not only all around each of us, but of course, within us all. This Retreat will be the step into the very meaning of life that is beyond the human pretensions of good and bad. You are being invited to the "this" of the inner Being.

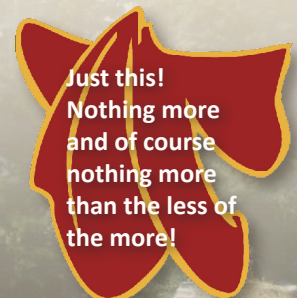
You will be offered new meditations for the very sake of inner awakening. It will be imperative that you join us for the May workshops where the ground work for this most important event of the year will happen.



ADDITIONAL INFORMATION ABOUT THIS RETREAT IS AVAILABLE AT

<https://www.aspire.org/events/aspire-meditation-retreats/>

*In the "This" is the Love of the obvious, the Love of our lives.*



Just this!  
Nothing more  
and of course  
nothing more  
than the less of  
the more!



# Poetry & Prayers

## ENLIGHTENMENT

by Isabelle McTeer

Plato wrote of a cave  
But I can't help but feel like I'm in a pit  
Everyday I see the sun's glimmer above me  
I long to witness a full sunrise  
So I dig my nails in  
I find a toe hold  
I start to climb  
Up  
Up  
Up  
Until my arms are shaking  
My breath ragged  
My feet slip  
My grip gives out  
I fall  
Down  
Down  
Down  
Laying on my back I watch the darkness  
My eyes grow accustomed  
I grow comfortable  
But then  
There it is a again  
The glimmer of a sunrise  
I catch my breath  
I dig my nails in  
I find a toe hold  
I start to climb  
Up  
Up  
Up  
Up  
Who knows how high I'll go this time



# FINGERS POINTING TO THE MOON

MARCH RETREAT  
MEDITATIONS  
Donation is \$100.00

*The new Meditations and Ambient tones for March 2020 will bring about tone on tone that invites insight into the state of Love.*

*The Meditations are simple and will present and sustain the basis for the Love...that reveals the totality of Love.*

*Anyone can practice these beautiful offerings.*



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# THE SHADOW OF THE WHIP

The Buddha used to tell the story of the three different kinds of race horses in order to help his Sannyasins understand the level of pain, relative to the person, necessary to receive the Divine message. The poorest horse ran because he felt the pain of the whip to the marrow of the bone. A better horse ran because he felt the pain of the whip on his skin. But the best race horse needed only THE SHADOW OF THE WHIP. These stories hold both WISDOM and PAIN. They can offer pain to the marrow of the bone, or if you are so willing, they can be merely THE SHADOW OF THE WHIP.

There was once a Zen Monk who was an expert gardener, and so the king of that country sent his son to him. About a thousand gardeners worked in the king's garden, and what the prince learned from the king's garden, and what the prince learned from the Zen Monk he conveyed to the gardeners and they followed his instructions. The monk had said to the prince, "I shall come to see your garden in three years. That will be your test. Just keep on working according to my instructions." The instructions were not difficult to follow. There were one thousand gardeners, and so the garden grew very well.

After three years, the monk came to examine the prince's work. That day the garden looked superb. It was perfectly clean; not a dry leaf or fallen flower was to be seen on the ground. The king and his courtiers were also present. The monk, after looking all around, seemed disappointed. The prince grew quite nervous. He had followed the monk's every instruction. He had done his best, he thought, so he asked himself what could possibly be causing the monk's obvious displeasure. The monk went around the whole garden, growing progressively sadder and sadder. At last he said to the prince, "This will not do. You will have to study the art for three more years. This garden has been done in a totally wrong way."

The prince said, "Please tell me what mistake I have made. I have followed your instructions to the very letter. I have done nothing whatsoever that goes against your instructions."

The monk replied, "That is the mistake. You have done everything according to my instructions. You have followed them completely. You have done everything so completely there is no room left for God's own work. All there is to be seen all over is HUMAN EFFORT. The mistake may appear small, but it is very significant because you have missed the point. I'll correct it."

He ran off and returned with a basketful of dry leaves from a pile of rubbish and threw the leaves on the ground. They were carried here and there by the wind and finally spread themselves all over the garden. Then the monk said, "Now the mistake is corrected. Green leaves alone do not make a garden. Where were all the dry ones?"

# SPONSORSHIP

*unconscionable generosity*

What does it mean to have unconscionable generosity? The significance of this statement is more than one might be able to think.

The Soul is the unconscionable that brings about the very goodness of Love in our lives. Most people do not seek this.

Aspire is about the unconscionable that lives within us all as Love. Through the programs and offerings that Aspire gives every day of every year, people can come and find the meaning of their lives...if they are so willing. Additionally, there is the work Gregory provides at Hospice and now also through the new Batmo project that helps support deprived children who need food, medical and clothing.

Your support makes all of this possible. [Become a Sponsor](#) and help us sustain our efforts to serve humankind.

Dear Gregory:

My wife and I missed you while we were in Escondido. After all of these years, it is beginning to become clear what you were doing.

I miss you. I wish I could join you and your group, but I am too ill to be able to make the trip.

I wish....

Ted - Newport Beach, CA

## ASPIRE UNPLUGGED

We need donations to finish this project. Right now we need about \$15,000. We lost ground on this project in January. But now we are up and running again.

If you watch the [Aspire programs](#) on the Aspire website you will see how important it is to have these offerings easily available online...living, and serving humankind the way that they do. No other Teacher offers what Aspire provides. This can only happen through your donations.

Please [offer your gift today](#) to allow us to create this essential Aspire TV program series. We must set a date for filming and we cannot do it without the funds to make it so.

Thank you for your consideration and, hopefully, your kind generosity.



March  
Message of the Month

*The Way is through you....*



via compassion and mercy.



# EVENTS



*with Gregory*

## LIVE DISCOURSE

Every Saturday - 9:30 am  
Carl Cherry Center  
4th and Guadalupe  
Carmel, CA  
(Free Will Love Offering)

## MEDITATION CLASS

Monday Evenings - 7:00 pm  
Carl Cherry Center  
4th and Guadalupe  
Carmel, CA  
Donation: \$25.00/class

## MEDITATION WORKSHOP

Carmel, CA  
The Meaning of Love  
Saturday,  
March 21, 2020  
Donation: \$95.00  
Includes Lunch

## MEDITATION WORKSHOP

Encinitas, CA  
The Love that IS  
Saturday,  
May 16, 2020  
Encinitas Community Center  
Donation: \$195.00  
Includes Lunch

## EVENT REGISTRATION

Phone:

831-622-8410

E-mail:

[greg@aspire.org](mailto:greg@aspire.org)



*The idea is to just stop. Just wait. Don't react. Therein lies  
the whole universe. Just don't react.*

*Yogi Bhaijan*



*A gestalt during a Mt. Madonna Retreat*



A Breath of Spirit for a Life of Awakening

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