

Aspire!



Breath

A Journal of Transcendence

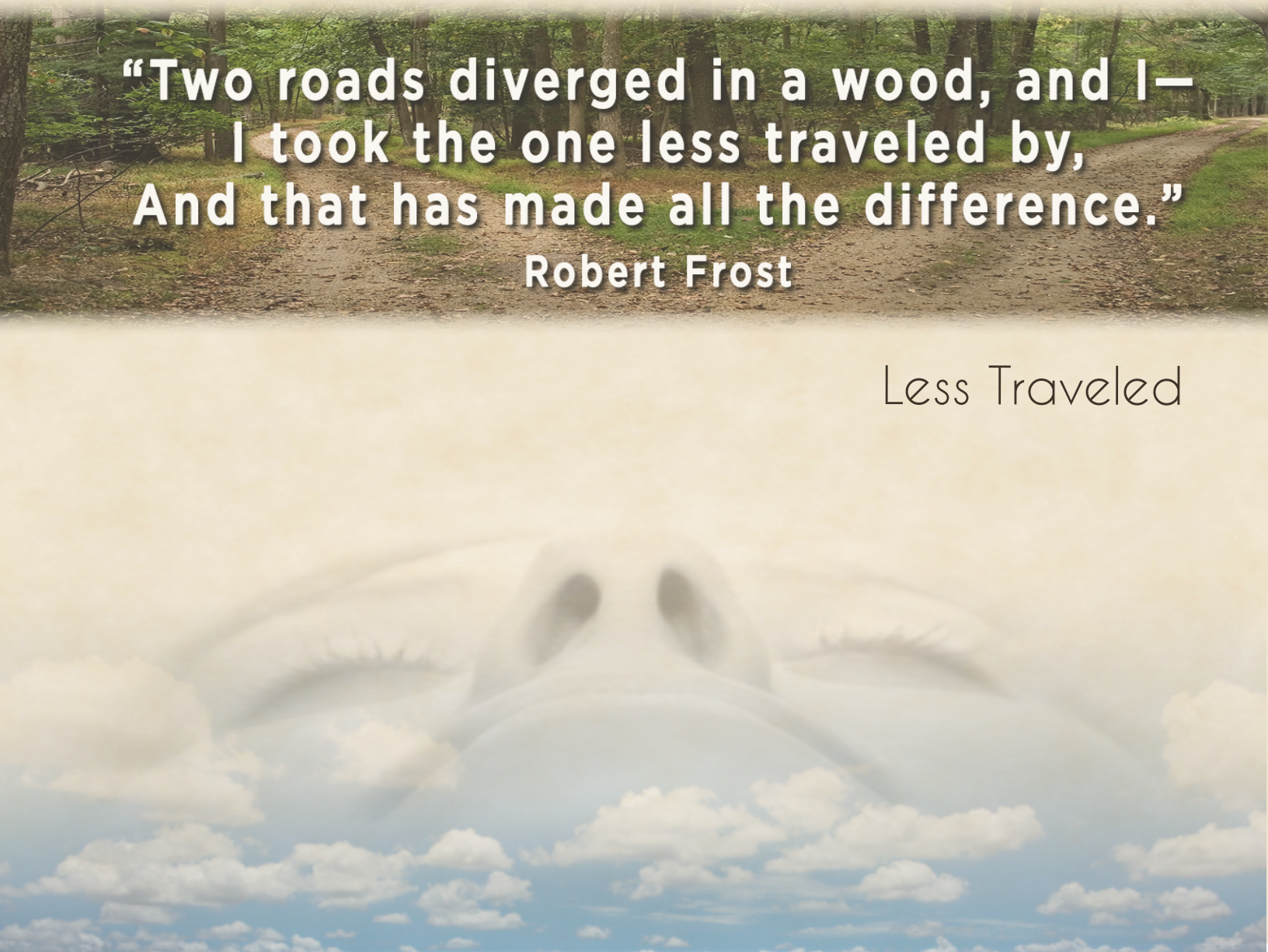
April 2020

The Path...

**"Two roads diverged in a wood, and I—
I took the one less traveled by,
And that has made all the difference."**

Robert Frost

Less Traveled



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If a man's faith is unstable and his peace of mind troubled, his knowledge will not be perfect.

The Dhammapada

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Meditation is freedom from thought and a movement in ecstasy.

Krishnamurti

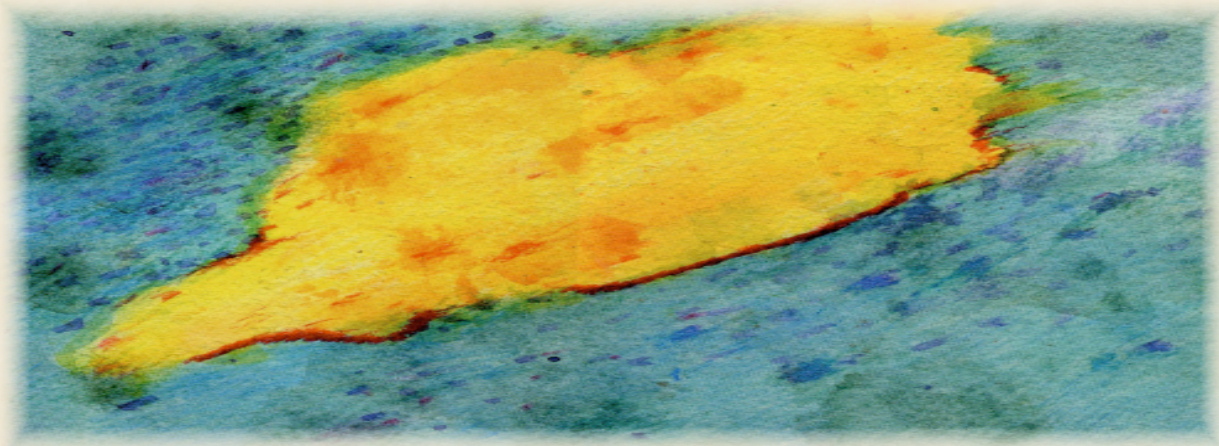
Statement of Purpose

The word ASPIRE means breath of spirit. This is the true essence of a spiritual practice: to offer a breath of spirit to those who are willing to move into the mystery of the silence of the heart, through meditation.

The spiritual insights intended for the reader, within this newsletter, offer an alternative to conventional thought and religion. The purpose is not to convert, but to offer ways of living that free one from fear. The articles, practice techniques and classes discussed in this publication are designed to help in the quest for individuality, through spiritual awakening.

Aspire is the DBA of Unity of Escondido, a not-for-profit corporation. Gregory Penn is an ordained Unity Minister and is not limited in his teachings by any institution or religious philosophy. He offers a unique method of teaching that does not bind students, nor himself, to any fear-based concepts. Aspire is nonsectarian and nondenominational.

This newsletter is created as a way to become acquainted with the teachings and techniques of the heart that are the root of all spiritual work. Gregory is open to all teachings and Masters whose underlying truths of the heart offer peace, compassion and awakening to Love.



No Contradictions

A Zen haiku:

Perceiving the sun
In the midst of the rain,
Ladling out clear water
From the depths of fire.

We are surrounded with many clouds, much rain. Remember yourself...not to get lost.

“Ladling out clear water from the depths of fire.” It is an impossible thing to ladle out pure water from fire. But howsoever impossible it may be, it happens. This is the mystery of existence. Here, fire turns into water. Here, the dance of rain declares the sun. There is no opposition in existence, no contradiction. Everything supports everything else.

HAIKU

Enough Said

My Beloved Reader:

What is an Authentic spiritual path and why would anyone in their human mind (right mind) ever seek it?

These are the questions that I often receive in emails that people send to me for radio. We are a deeply confused and jaded society that sustains itself on the logic of hatred.

In this issue of the Breath Journal ,as well as in the April Message of the Month and Discourses, I will be talking about the meaning of the Path. I will help you come to understand the value of awareness and how it will sustain insight that is priceless.

People tell me they want to help the world, but how far will they go? Giving a donation to the needy is usually their mode. There is nothing wrong with this, but we need to take it a step further and begin to become

*Love one another and help others to rise
to the higher levels, simply by
pouring out Love.
Shirdi Sai Baba*

the change we wish to see in this world, as Gandhi taught us. This means we must achieve some amount of consciousness that will offer the blessing of an energetic Love.

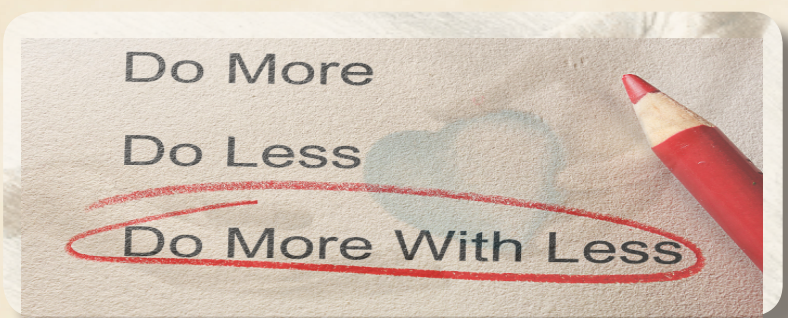
Aspire is devoted to this Love. May my offerings serve you well.

Metta
Namaste
Siraj

THE PATH

WHAT IS THE SPIRITUAL PATH? IS IT A PHILOSOPHY? THE PATH IS THE COMBINATION OF INSIGHT AND THE LOVE THAT IS THE INSIGHT!

THE PATH IS THE ENDLESSNESS OF LIVING WITHOUT BOUNDARIES AND GOALS. THE PATH SIMPLY IS.





KARMA



Ignorance Journey Quest Seeking Transformation

MEDITATION WORKSHOP ~ CARMEL, CA

Saturday, May 2, 2020 ~ 9:30am - 3:00pm

Unitarian Universalist Church of Monterey *(includes lunch)*

This Workshop is a prelude to our Mt. Madonna Retreat in July. Gregory will offer more insight into the point of reference as to how we are created and why it is so important to live as a creation and not just a human being.

\$100 per person

(831) 622-8410 ~ greg@aspire.org

www.aspire.org/aspire-meditation-workshops



MEDITATION WORKSHOP ~ ENCINITAS, CA

Saturday, May 16, 2020 ~ 8:00am - 3:00pm

Encinitas Community Center *(includes lunch)*

This Workshop will be very important to get you ready for the summer Meditation Retreat experience on living in lovelessness. Gregory will introduce two new Meditations that will open up the HUMAN HEART and allow it to unload...a very important experience.

\$200 per person

(831) 622-8410 ~ greg@aspire.org

www.aspire.org/aspire-meditation-workshops





By Gregory Penn

FROM WHERE I SIT

Karma of the Mystical Mystique

The Path Less Traveled

What is an Authentic Spiritual Path? How would any of us know if one were walking it? Well, all of us are on the path of a something, whether we understand this path or not.

If you have a body, if you have a mind, you are in this world, and hence are on a "path" that will determine more than just ideas and ideals, philosophies. The Authentic Path is hidden from our earthly eyes. We do not recognize it nor do we care to. We, as a society, live in the extremes of entertainment.

Our focus, to truly live in the meaning of an authentic practice as a path for life, is greatly diminished by our constant need to be amused while this Life in this world moves beyond our attentions and merely becomes the speculation of the genetics.

There are many "paths" to Love. Some are very long and arduous and others are mere side paths that are derived by the ego. Most people take the path that is well-traveled not only in this world but also in past worlds. We take the path of the ego. For this we do suffer, immensely.

I have met many hundreds of people in the course of my career and thousands in the ebb and flow of my lifetime. As I would look at these

people, I welcomed them into the experience of the Gregory. But there was, and still is, a stigma to each person that I have ever met. This stigma was some sort of characteristic of human genetics. These characteristics define a person and just how insightful they could be past their own humanness.

Not many people that I have met have left the metaphorical farm of their biology. Most people merely cling to their body and its genetic nature, even though this body will eventually

betray them and die. For the most part, these people that I have met in my wordly life were nothing more than biology run amok.

Generally, people that have come to me in my efforts to bring the state of the Authentic

into their attentions, were immune to anything that did not make sense to their senses! These people thought of themselves as too "smart" to fall for anything that would be Authentic to the spiritual Life that lives within.

The path that they took only leads to death. Many of these people knew this and were "fine" with this, after all we all die, right? Well, there is the death that is the Transcendence into Life, and there is the death that merely returns us to the birth of another lifetime where pain, sorrow and death reign supreme,



once again. To the clever person, this again is not a “proven” fact, so they just live their life as if they only live once in this world-YOLO’s.

Such irresponsibility reigns supreme here on planet Earth.

It is important for all of us to stop for a moment each day of our life and consider what we are living for. Are we living for the sake of the fact that the alternative, being death, is not so appealing to our senses? Or are we living for something different, something more viable than mere survival. Those who question their own existence here on earth do a great deal of searching for some purpose or meaning that might seem greater than themselves.

But this would be difficult based on the mental acuity that one has to work with, genetically speaking, and the fear of living beyond the confines of basic survival.

I have found that most people choose not a Path that is less traveled, but a “path” that is most comfortable and compatible with their genetic heritage, preferences and prejudices. These people have big secrets that they keep from themselves, which does them no good at all when it comes to spiritual awakening.

The people that I have met in this world all believe that they are either much better people than what they really are or much worse people than they truly are. Few in my lifetime have ever considered that there is more to this lifetime than the external. Precious few that I have known comprehend the meaning of Life beyond their gene pool.

So, what is an Authentic spiritual path that would transcend all of this? Can anyone realize this Path and can we, with our pedestrian mentality, ever enter into the Authentic? These are very good questions. The answer to them can seem disheartening depending

Cease from practice based on intellectual understanding, pursuing words, and following after speech, and learn the backward step that turns your light inward to illuminate your self. Body and mind of themselves will drop away, and your original face will be manifest.

Dogen

upon the willingness for devotion. Devotion, not to a cause or a person, but to Transcendence. The Authentic Path depends upon a person’s willingness to realize the Bigger Picture of this world, this lifetime and the Universe.

We are not just biological. We are not just living to sustain our life at all costs. We are here on this blessed earth as a potential for Love. It is Love that determines the meaning of our life and whether or not we can live on the Path of Love.

The path less traveled is Love. This path requires of us a deep sense of inner purpose that is beyond the ideals of the human mind. On this Path we are not enticed by the potential or promise of human gratification in all of its

various forms and glories.

On the Authentic Path we are willing of anything that reduces us to the place where LOVE can reach us. Love is based in humility. The mistake that most of us humans make is that we want some lofty place where we are emotionally elevated to receive adoration. This is the path we are most inclined to follow.

I have had many a student in my day begin their effort on the Path of the Authentic. But the moment they do not see or recognize what the Path is all about, they merely seek for “side paths” that appeal to their emotional mentality. So, they go looking for something that might appeal to their desires rather than that



which would sustain the mercy of Love. I could tell you about hundreds of people that I have known who came to me to “try out” the Path that I offer and found that, due to their dislike of the Path, which requires discipline and mercy, they just could not continue. There always has to be that metaphoric “carrot” that leads them to their own ideals, their goal of some sort of nirvana.

These people never find it. These people just want to have their biological life and at the same time have all of the gratifications that they believe will bring them to their goal of a care-free lifetime. In this world there is always inner development that is required of us.

You see, the body is a ticking time bomb that is going to die. It also creates and maintains large doses of pain and sorrow in our lives. We have all had our disappointments in this world. Most people want to live in a way that is a methodology, as well as a formula, that gives and sustains both avoidance of all pain and sorrow as well as adoration for everything that we do.

Most people want a “path” that is a formula for comfort and safety from pain, sorrow and death. We are empty people who live in lives that are meaningless, vain and aimless. We do this willfully in order to not have to do any deep inner work or just mature through even common sense.

There are so many aspects of the human being that seem to be against us. The biggest one is the body/mind relationship and all of the trappings of our genetics that take us into all sorts of spiritual mischief. The bottom line is that we want our metaphoric cake and at the same time have what we believe are the “benefits” of an Authentic spiritual practice, whatever that may mean to someone. Typically, it goes no deeper than emotionality being fulfilled in some way in which the person thinks that they are pleasing and

pleasuring the body.

So, what is the road less traveled?

This road is the Path of Love to Love. Nothing is more important in a person’s lifetime. This road is one of inner discipline that sustains the manner of our Soul.

Here are some important points:

One: The Path is about estranging ourselves from the preferences of the body’s needs for comfort and gratification. Here we do not allow the needs of the body to be the premise of our lifetime. We learn what needs are important, in the body, from those that are merely engaging the genetics that create the persona of the family ego.



Two: The Path is about sacrifice for the sake of mercy. The sacrifice is to ween our values and beliefs away from the sanctions of the body’s comforts and conditions. To do this we must be willing to no longer live with the seeming values and beliefs of thinking that we know what is “right.” On the Path “right” is replaced by mercy.

Three: The Path less traveled is to live in a constant forgiveness. This forgiveness sustains our life in the Karma of a mercy that rids us of the ruthlessness of self-righteousness. Most of our life conditions and circumstances come out of the beliefs that emerge from the “values” that the body/mind dictates. This is what a person calls their beliefs. One cannot be on the Path less traveled with any sort of belief that might cause us to think in terms of desire, pride and ambition.

Please forgive me.

Gregory

THIS IS TAO

Obscure Tao

Look, it cannot be seen,
So it is called invisible.
Listen, it cannot be heard,
So it is called soundless.
Touch, it cannot be caught,
So it is called elusive.
These three cannot be examined,
So they unite into one.

Above it there is no light,
Below it there is no darkness.
Endlessness beyond description.
It returns to non-existence.
It is called the shapeless shape,
The substance without form.
It is called obscurely evasive.
Meet it and you do not see its beginning,
Follow it and you do not see its end.

Hold on to the ancient Way
to master the present,
And to learn the distant beginning.
This is called
the unbroken strand of the Way.

Tao Te Ching

THAT WAS ZEN

What Lao-Tzu shares with us here is the direct Path to the Way.

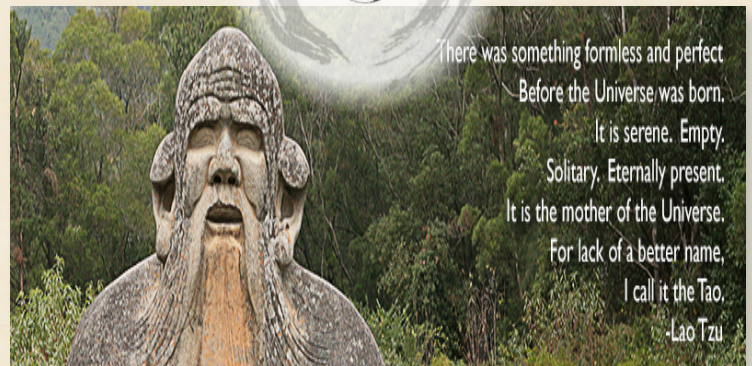
If you read this with the analytical mind, you will miss. Anything that has to do with the Authentic makes little or no sense to the rational mind. Know this.

There is no way to explain the nature of the Authentic. But if one can drop the mind that is based in willfulness, the Way and the Path to that Way is revealed. It is in that very moment that something of the basic Universe of Love becomes deeply clear. But this clarity will not occur due to thought and what makes "sense" to the human mind.

The human mind is filled with contempt for anything that it does NOT understand. This must be clear to all of us. The mind judges everything in proportion to itself. This is the manner of personal violence.

To live in the graciousness of meditation is to live in the essence of mercy. Mercy is the basis for all spiritual awakening. To know this is to be on the Path.

Live in neither this, neither that. Live in the simplicity of a dedication to the Way. The Path is then very clear.



There was something formless and perfect
Before the Universe was born.
It is serene. Empty.
Solitary. Eternally present.
It is the mother of the Universe.
For lack of a better name,
I call it the Tao.
-Lao Tzu

Monthly Discourses

The Soul: The Path

The Path to the Soul. Within the offerings that Siraj is offering here, you will find the simplicity of the Authentic. Only when we are ready to feel the state of the Way will we know the Path to Love. This Way is deeply important. It takes us out of our biology and into the very Heart of Love. May these offerings help you...deeply.

Gregory will offer the full set of four Discourses for this month to you for a donation of \$60.00. To save money, you can donate a year's subscription for \$625.00 or a half year for \$325.00. Call 1-800-ASPIRE2 to order or e-mail Gregory at greg@aspire.org. All donations are tax deductible and are used to purchase more air time for Aspire.



What Am I Doing Here?

How were we born and what are we doing here on Earth?
Is there more than our eyes can see?



"God Is Love"

The goodness of Love is not found in a man, in a supernatural being. It is just what Jesus taught: "God is Love."

Distractions to the Path

Where we go wrong and why people take "side paths" and miss the meaning of their whole life.

The Path of Love

How to take the direct Path to Love? It is all about listening to the Way and allowing it to direct.



Dear Messiah

Greg:

What is the real Path? Every teacher says that they know. How do we know that YOU know the real way to God?

Randy

La Mesa, California



Aspire!

Write to Gregory

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greg@aspire.org

Mail:
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Carmel, CA 93923-3779



Beloved Randy:

Namaste

This was such a great question that I used it as the very subject matter of this Breath Journal. Thank you, Randy.

There is only one Path that leads to what you call "God." That Path is Love. Love is achieved through many means and methods. There are many ways to the Way. The Path that we take is very important to comprehend through Silence, not words and theories. This is vital to understand, and if it is not understood in its completeness, then the ego and the mind can destroy every inch of the Path and never lead us any nearer to the Authentic.

One of the problems, dear Randy, is that you seem to believe in a "God." This sets you on a path where illusion reigns supreme. If "God" to you is a "higher power," then you are on a road to misunderstanding. You will miss the Path entirely.

The issue is that there is no authenticity for Love. There is the ego, which wants to believe that it knows because it believes that "God" is an object, a man posing as a superior being. All of this leads us down roads that have nothing at all to do with the meaning of the Path.

If you can let go of the ideal of a "God," you will immediately be on the Path to Love. Immediately. But most people will not give up their egotistical intents, and hence fall prey to their own ideals.

Authentic Teachers all know this.

Metta
Thank you.
Please forgive me.
Gregory



Meditation

The Path That IS Meditation

I was speaking with one of my many former students the other day and asked him if he was still meditating. His reply was, "Greg, I am doing my version of meditation. Sometimes I listen to your meditations and find it difficult to do them because they require my full attention, which I cannot give."

Then, he went on to tell me that he just did not need a spiritual Path. He was "happy" the way he was, wandering from one philosophy to another.

Most people cannot attain to consciousness because everything that they do hovers around the body and its emotionality. Generally, people will succumb to their emotional desires and seeming needs over the inner discipline of living on the Path and recognizing the Way.

There is nothing I can say or do to help someone if they are not willing and ready to drop the obsessions of genetic dispositions. Typically, most people live their whole life on these dispositions and never find the constant that is necessary for maintaining meditation. The pedestrian mentality thinks that whatever seems to benefit the ideals of a person's desires is what one should live for.

Meditation is all about the state of focus that is beyond the ideals of emotional desires. To

this I refer to the word "constant." There must be a constant that is continuously being paid attention to in the course of a day as well as in meditation.

The Path that IS meditation is based in the constant that we can sustain through living as a vigil that watches and observes oppressive thoughts and

emotions that merely bring us back to the logic of hate and fear. The issue here is that hate and fear have become initiated through society. We are required to have the correct "hate" and the right "fear" in order to have conversations with people.

If you observe the nature of conversations, you will see how true all of this is. The way we interact socially with not only others, but even ourselves is based in the persistent state of mind

that inhabits "hate" and "fear" as the main intent. All self-righteousness is based in this unabating and neurotic mindset.

So, when a person is in the posture of meditation, they do not allow this mindset to have the perpetual

outcome that makes for the pedestrian mentality. Rather, one does not indulge the ego



...he is one with the spirit that penetrates everything, and that is also the breath of the Soul.

Rabindranath Tagore

through opinions that circumvent the awareness of Love through material thinking.

I have had many a person come to me in order to be a “student” who had the intent of finding a “path” that would placate the ego enough to make it appear to be totally “spiritual.” Of course this never creates the Authentic within a person.

The Path that IS meditation is one where we practice the fundamentals of a non-dualistic mind that is not seeking some sort of reward for its efforts. In this case it is meditation. To the pedestrian mentality, everything has to have some sort of “pay-off” or seeming benefit that enhances the human traits.

Some people tell me that they want to meditate but just cannot do it. These people put themselves in impossible positions in this world and make it very difficult to focus on meditation because the demands of their lifetime, which they are responsible for, are preying on their mind’s attentions causing them to lose their spiritual constant.

The Authentic Path is based on Meditation.

The Authentic student builds their whole life around this Authenticity. They live to act from a place where there could be no regrets. Few understand this, and hence compromise their “practice” and live to the foolishness of thought.



THE CONSTANT OF MEDITATION

ONE: Self-examination is required here. What is the basis for all of your thoughts? What are you looking for through thought itself? If you can stay with this premise, you will find the link between genetic preferences and the unconscious mind.

TWO: Observe what is important to the body and what is important to the state of the YOU. This is most important. It takes a real authenticity to realize the fact of this.

THREE: Clear up any seeming regrets you may have with yourself and others in this world. Live in remorse for what the tendencies have been in your life. Do not punish yourself, but feel the humility that is necessary for mercy. I cannot emphasize this enough for you.

FOUR: In all that you do for others, please realize that you are doing everything to everyone in this world. We are all ONE, and what we do for ourselves, we do for the All.

FIVE: Live not in seeking; live as the realization of the Soul. It is only through the Soul that we find meaning in this world. Do all you can to live in the constant that is the goodness of mercy.

I have heard...

Freedom, Freedom!

A great man, a fighter for freedom, was traveling into the mountains. He stayed in a caravanserai for the night. He was amazed that there was a beautiful parrot in a golden cage there, continually repeating, "Freedom! Freedom!" The serai was in such a place that when the parrot repeats the word "Freedom!" it goes on echoing in the valley, in the mountains.

The man thought, "I have thought they must be desiring to be free from those cages, but I have never seen such a parrot whose whole day, from the morning to the evening when he goes to sleep, is spent in asking for freedom."

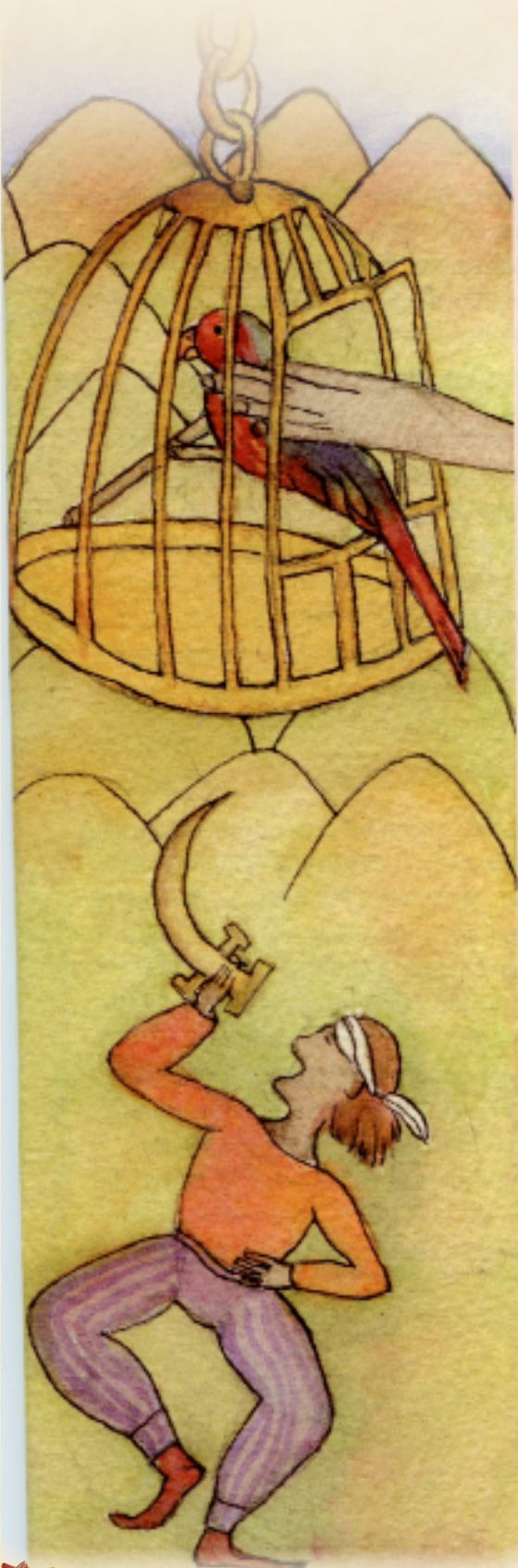
He had an idea. In the middle of the night he got up and opened the door of the cage. The owner was fast asleep and he whispered to the parrot, "Now get out." He was very surprised that the parrot was clinging to the bars of the cage. He told him again and again, "Have you forgotten about freedom? The door is open and the owner is fast asleep; nobody will ever know. You just fly into the sky; the whole sky is yours."

But the parrot was clinging so deeply, so hard, that the man said, "What is the matter? Are you mad?" He tried to take the parrot out with his own hands, but the parrot started hitting him, and at the same time shouting, "Freedom! Freedom!" The valleys in the night echoed and re-echoed, but the man was also stubborn—he was a freedom fighter. He pulled the parrot out, and threw him into the sky.

Although his hand was hurt—the parrot had attacked him as forcefully as he could—the man was immensely satisfied that he had made a soul free. He went to sleep.

In the morning, the man heard the parrot shouting, "Freedom! Freedom!" He thought perhaps the parrot must be sitting on a tree, or on a rock. But when he came out, the parrot was sitting in the cage. The door was open.

You may like to be free, but the cage has certain securities, safeties.





KARMA



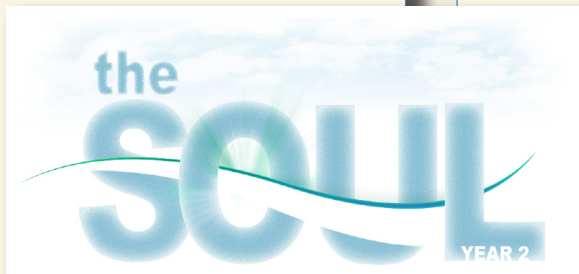
Ignorance Journey Quest Seeking Transformation

COST & REGISTRATION

The cost for this Retreat depends upon the kind of room you wish to reserve. Room rates and registration forms are available online at www.aspire.org/events/retreats.

To register for this Retreat and/or arrange payments for your Retreat, please call Carolyn Mollohan at 760-730-2341.

You may also order your Retreat information by calling Gregory at 831-622-8410.



ADDITIONAL INFORMATION ABOUT THIS RETREAT IS AVAILABLE AT

<https://www.aspire.org/events/aspire-meditation-retreats/>

The Soulfulness 2020

Taking the Leap into Love

July 19-24, 2020 - Mt. Madonna



Love is truly the state of the Universe. Love is beyond the ideals that the human mind can comprehend. Through Love the very secrets of the Universe are unveiled to all of us. Love is the the breath of Silence.

Our Summer Retreat will be unique and will help you awaken through meditations that are used in Tibet to stir insight rather than thought itself. If you are willing, if you are courageous and if you are interested, you will realize that Love is All.

If you have any sense of the Heart, you will want to join us for this once in a lifetime event. Remember, you are being "called" right now to be with us in this effort of awakening to Love. If you Listen, really LISTEN, you will know and be there with us.

Come take the Fool's Leap into Love

To dance into
the edge of
Love is the
most important
experience of
a lifetime.



Poetry & Prayers

Prayer of Life

by prem sangit

Voices in the wind,
 reverberations in my heart.
My life speaks to me.
 Am I listening?

Through humor, song and sorrow;
 the music of my life.
Through beauty and wonder;
 enrapturing, humbling oneness.
Through constant creativity;
 an ever-present unfolding.
Through destruction and
disappearance;
 immutable impermanence.

May I always attend
 the mercy and compassion,
 the simple goodness,
that is sacred expression
 subsuming me
 in grace as Love.

FINGERS POINTING TO THE MOON

I GOTCHA!

Donation \$60.00

Due to the need to laugh, Gregory gets playful with this series of programs as a way to awaken you through humor and a light-hearted approach.

It takes a silly, fun-loving approach...to reach the Truth!

Enjoy! This series of Discourses will help you find the humor in your spiritual practice, which is so necessary to being happy.



This series includes the following Discourses:

- No Matter Where You Go, There You Are
- Ya Gotta Be There
- O Bla Dee – O Bla Dah
- Don't Move Out, Move In!
- Ok, But Wash It First
- There Will Always Be Something
- The B.S. Syndrome
- I Did It Once And Didn't Like It

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THE SHADOW OF THE WHIP

The Buddha used to tell the story of the three different kinds of race horses in order to help his sannyasins understand the level of pain, relative to the person, necessary to receive the Divine message. The poorest horse ran because he felt the pain of the whip to the marrow of the bone. A better horse ran because he felt the pain of the whip on his skin. But the best race horse needed only THE SHADOW OF THE WHIP. These stories hold both WISDOM and PAIN. They can offer pain to the marrow of the bone, or if you are so willing, they can be merely THE SHADOW OF THE WHIP.

LETTING GO THE WISDOM OF AJAHN CHAH

A Western monk at a Buddhist monastery became frustrated by the difficulties of practice and the detailed and seemingly arbitrary rules of conduct the monks had to follow. He began to criticize other monks for sloppy practice and to doubt the wisdom of the teaching. At one point, he went to Ajahn Chah, the master, and complained, noting that even Ajahn Chah was inconsistent and seemed often to contradict himself in an unenlightened way.

Ajahn Chah just laughed and pointed out how much the monk was suffering by trying to judge others around him. Then he explained that his way of teaching is very simple: "It is as though I see people walking down the road I know well. To them the way may be unclear. I look up and see someone about to fall into a ditch on the right-hand side of the road, so I call out, 'Go, left, go left!' Similarly, If I see another person about to fall into a ditch on the left, I call out, 'Go right, go right!'"

"That is the extent of my teaching. Whatever extreme you get caught in, whatever you get attached to, I say, 'Let go of that too.' Let go on the left, let go on the right. Come back to the center, and you will arrive at the true way."

SPONSORSHIP

unconscionable generosity

Well, what goes around comes around! Due to the coronavirus and the stock market we have seen a decline in donations. Any excuse not to give will suffice in this country.

Due to all of this and having little cash reserves, we are needing help from you to survive and make new programs. We had about \$10,000 for new shows saved and now we have \$5,000.

We are in difficult times and uncharted waters with the economy. Aspire is always the very first thing deleted from people's budgets and the very last thing, if ever, to be replaced in the budget when the economy gets better.

So your help is needed not only for new programs, but also for the survival of Aspire. Now is the time to make a donation that matters.

Dear Gregory:

Over the years I have come to appreciate you more and more. I wish I could be with you now, but the material world has a hold on me.

Maybe before I die.

Thank you.

Gabe - Los Angeles, CA

ASPIRE UNPLUGGED

I must say that this final shoot will be the most difficult to raise money for given the current economic climate. It is an election year and all sorts of mischief is occurring within the world right now.

So, all I can say is that we need a hero. Someone who is willing to stand up and give beyond their own fears. Our goal is \$15,000 right now. This means of course that if 15 of you give \$1,000 we will be able to begin production this year for this final Aspire program series.

I know that there is every reason why you can't or won't make a donation to help. All I can do is put it out there. Each of us must hear the call to Love and help make something in this world that is from Love, that is in service to humankind beyond the confines of human reasoning and fear.



April Message of the Month

YOU ARE THAT PERSON!

The Way is through you....



via compassion and mercy.

EVENTS



with Gregory

LIVE DISCOURSE

Every Saturday - 9:30 am
Carl Cherry Center
4th and Guadalupe
Carmel, CA
(Free Will Love Offering)

MEDITATION CLASS

Monday Evenings - 7:00 pm
Carl Cherry Center
4th and Guadalupe
Carmel, CA
Donation: \$25.00/class

MEDITATION WORKSHOP

Carmel, CA
The Meaning Of Love
Saturday, May 2, 2020
Donation: \$100.00
Includes Lunch

MEDITATION WORKSHOP

Encinitas, CA
The Love That Is
Saturday, May 16, 2020
Encinitas Community Center
Donation: \$200.00
Includes Lunch

EVENT REGISTRATION

Phone:

831-622-8410

E-mail:

greg@aspire.org



*If you find no one to support you on the spiritual path,
walk alone.*

Buddha



Asilomar Retreat 2009



A Breath of Spirit for a Life of Awakening

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